

Clinical Performance of High-Resolution Late Gadolinium Enhancement Imaging With Compressed Sensing

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Purpose: To evaluate diagnostic image quality of 3D late gadolinium enhancement (LGE) with high isotropic spatial resolution ($\sim 1.4\text{ mm}^3$) images reconstructed from randomly undersampled k -space using LOW-dimensional-structure Self-learning and Thresholding (LOST).

Materials and Methods: We prospectively enrolled 270 patients (181 men; 55 ± 14 years) referred for myocardial viability assessment. 3D LGE with isotropic spatial resolution of $1.4 \pm 0.1\text{ mm}^3$ was acquired at 1.5T using a LOST acceleration rate of 3 to 5. In a subset of 121 patients, 3D LGE or phase-sensitive LGE were acquired with parallel imaging with an acceleration rate of 2 for comparison. Two readers evaluated image quality using a scale of 1 (poor) to 4 (excellent) and assessed for scar presence. The McNemar test statistic was used to compare the proportion of detected scar between the two sequences. We assessed the association between image quality and characteristics (age, gender, torso dimension, weight, heart rate), using generalized linear models.

Results: Overall, LGE detection proportions for 3D LGE with LOST were similar between readers 1 and 2 (16.30% vs. 18.15%). For image quality, readers gave 85.9% and 80.0%, respectively, for images categorized as good or excellent. Overall proportion of scar presence was not statistically different from conventional 3D LGE (28% vs. 33% [$P = 0.17$] for reader 1 and 26% vs. 31% [$P = 0.37$] for reader 2). Increasing subject heart rate was associated with lower image quality (estimated slope = -0.009 ($P = 0.001$)).

Conclusion: High-resolution 3D LGE with LOST yields good to excellent image quality in $>80\%$ of patients and identifies patients with LV scar at the same rate as conventional 3D LGE.

Level of Evidence: 2

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Myocardial scar and fibrosis can be imaged using late gadolinium enhancement (LGE) cardiac magnetic resonance (MR).¹ LGE has been utilized in identifying ventricular tachycardia (VT) substrates, and predicting risk of sudden cardiac death.^{2–4} Furthermore, the presence and extent of LGE or heterogeneous left ventricular (LV) scar strongly predicts adverse cardiac events including appropriate implantable cardioverter defibrillator therapy.^{5–8} However, challenges in LGE imaging remain. The right ventricle (RV) can also develop fibrosis, but this is difficult to detect due to limited spatial

resolution and its thin wall. Similarly, LGE enables imaging of left atrial (LA) scar and fibrosis in patients with atrial fibrillation^{9–12}, however, the low spatial resolution of current LGE imaging sequences makes it challenging to reliably image LA scar. Therefore, there is an unmet clinical need to further improve LGE spatial resolution in a clinically feasible scan time.

LV LGE imaging is commonly performed using 2D breath-hold imaging with a slice thickness of 8–10 mm.¹³ 3D LGE acquisition is an alternative approach,^{14–19} which

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enables imaging with higher spatial resolution for better assessment of LV scar heterogeneity, RV, or LA scar. However, 3D high-resolution LGE requires long scan times, which has limited its clinical adoption. For example, in a recent study by Andreu et al,²⁰ the reported 3D LGE scan time was 16.4 ± 7.2 minutes for a spatial resolution of $1.4 \times 1.4 \times 1.4 \text{ mm}^3$. Besides patient comfort, a long scan time also creates additional artifacts in 3D LGE, such as difficulty in nulling of healthy myocardium due to temporal changes in contrast agent concentration. Parallel imaging can reduce the scan time; however, the acceleration rate is often limited to a factor of 2 because of the LGE low signal-to-noise ratio (SNR). Compressed sensing (CS) has been previously used to further reduce the 3D LGE scan time.^{18,21} The LOw-dimensional-structure Self-learning and Thresholding (LOST) reconstruction technique has been shown to enable 3D LGE acceleration rates up to rate 3.^{21,22} The combination of parallel imaging and LOST has also been shown to further accelerate imaging up to rate 6 in coronary MRI.²³ However, CS-based image reconstructions (eg, LOST) are not yet commercially available. Image reconstruction therefore needs to be performed manually offline, which is not ideal in clinical settings. Furthermore, prior literature assessing diagnostic image quality of high-resolution 3D LGE with accelerated data acquisition and CS reconstruction is lacking.

Materials and Methods

All imaging sequences were implemented on a 1.5T Philips Achieva (Philips Healthcare, Best, The Netherlands) system with a 32-channel cardiac phased-array receiver coil. The research protocol was approved by our Institutional Review Board and written informed consent was obtained from all participants in a HIPAA-compliant manner.

Patient Study

In this prospective study, we recruited patients referred for clinical cardiac MR exam with LGE assessment. Indications for imaging included known or suspected coronary disease, nonischemic cardiomyopathy, or atrial fibrillation. LGE images were acquired 10–20 minutes after a bolus (2 ml/s) infusion of 0.2 mmol/kg of Gd-DTPA (Magnevist, Bayer Schering Pharma, Berlin, Germany), or 0.1–0.2 mmol/kg of Gd-BOPTA (MultiHance, Bracco, Rome, Italy). All patients with estimated glomerular filtration rate (eGFR) between 30–60 mL/min/1.73m² received 0.1 mmol/kg of Gd-BOPTA.

A free-breathing electrocardiogram (ECG)-triggered navigator-gated inversion-recovery gradient echo imaging sequence was used for all acquisitions. Prior to each scan, a Look-Locker acquisition was used to select the inversion time to null the LV myocardial signal. To simplify the clinical protocol, the ECG trigger delay was selected to be the longest trigger time, thereby accommodating the LGE sequence acquisition window. For patients with heart rates >80 bpm ($n = 29$), imaging was performed in systole. A respiratory navigator (2D spiral pencil-beam) placed on the dome of the right hemidiaphragm was used for respiratory motion compensation, utilizing prospective real-time correction. A navigator with fixed scan time was used to adaptively change the acquisition window throughout the

scan to achieve a fixed navigator efficiency of 60%.²⁴ A gradient echo imaging sequence with the following parameters was used for 3D LGE: repetition time / echo time (TR/TE) = 5.2/2.6 msec, field of view (FOV) = $320 \times 320 \times 100\text{--}120 \text{ mm}^3$, flip angle = 25°. Imaging was performed axially, covering the entire heart. Saturation bands along the phase-encode direction were used to reduce foldover artifacts. A right–left phase-encoding direction was used to reduce respiratory artifacts from the chest wall. The spatial resolution varied from 1.0–1.5 mm³ (except for one patient who was imaged with a spatial resolution of 2 mm³ to accommodate for large patient size) with mean \pm standard deviation of $1.4 \pm 0.1 \text{ mm}^3$.

In a subset of patients, we also acquired 3D LGE or 3D phase-sensitive inversion recovery (PSIR) images. These images were acquired with a uniform undersampling pattern and were reconstructed on the scanner using Philips SENSE reconstruction implementation. The ordering of acquisition was randomly changed in different patients. The typical imaging parameters for 3D LGE were: spatial resolution = $1.5 \times 1.5 \times 3 \text{ mm}^3$, FOV = $320 \times 320 \times 100\text{--}120 \text{ mm}^3$, flip angle = 25°, TR/TE = 5.3/2.5 msec, acceleration rate of 2, and for 3D PSIR LGE: spatial resolution = $1.5 \times 1.5 \times 5 \text{ mm}^3$, FOV = $320 \times 320 \times 100\text{--}120 \text{ mm}^3$, TR/TE = 5.7/2.7 msec, flip angle = 15°, and acceleration rate of 2. The imaging parameters for 3D LGE and 3D PSIR LGE were our standard clinical imaging protocol and were not modified in our study.

LOST Data Acquisition and Reconstruction

3D random undersampling was implemented for the accelerated acquisitions.^{21,22} A pseudorandom k -space undersampling pattern was generated by fully sampling a part of the central k -space (corresponding to 15–20% of k_y lines and 25% of k_z lines), and randomly discarding the edges. This pattern was stored as a lookup table, and a profile reordering was performed to sort the selected k_y - k_z lines based on their k_y and k_z location in a radial fashion.²⁵ The acceleration rate was 3 in 150 patients, 4 in 25 patients, 5 in 92 patients, and 6 in three patients. The acceleration rate was selected by the technologists. In patients with longer imaging protocols, a higher acceleration rate was chosen. The total acquisition times were ~6:25 minutes for 3-fold accelerated acquisitions and ~4 minutes for 5-fold accelerated acquisitions at a heart rate of 70 bpm. The exact scan time varied between different subjects to accommodate for changes in imaging field of view, spatial resolution, and heart rate.

The detailed explanation for the reconstruction algorithm and parameters has been previously described.^{21,22} The randomly undersampled k -space data are reconstructed using an iterative B_1 -weighted LOST algorithm.²³ LOST reconstruction uses an initial image estimate to adaptively identify 2D image blocks of similar signal content, and to generate an adaptive sparse representation for the data. These blocks are declared to be similar if this distance is less than a predefined fixed threshold. Such similar blocks were then grouped into the similarity cluster of that voxel. The adaptive sparse representation was generated by applying a 3D fast Fourier transform (FFT) to each similarity cluster. Dealiasing of the data was performed via shrinkage of the 3D FFT coefficients of the similarity clusters. The iterative B_1 -weighted reconstruction approach uses the coil sensitivity information for data consistency during the reconstruction. For faster implementation, coil compression²⁶ is applied to these 3D coil sensitivity maps to compress the 32-channel coil data to 10 “virtual”

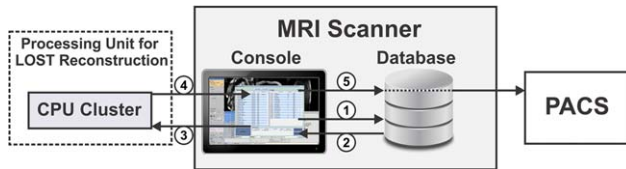


FIGURE 1: Integration of the automated reconstruction framework into the clinical workflow: (1) the scanner database is queried for scan raw data and imaging parameters, (2) the database returns the requested information, (3) raw data are packed and sent to the Central Processing Unit (CPU) cluster for LOST reconstruction, (4) progress and results are updated upon request from the operator, (5) reconstructed images are pushed to the scanner database, from where they can also be sent to the hospital PACS.

channels. The coil compression was performed only once, prior to the iterative portion of the algorithm. At every iteration of the B_1 -weighted LOST algorithm: 1) the current combined-coil image estimate is thresholded using LOST; 2) individual coil images are generated by the voxel-wise multiplication of the coil sensitivity map of that coil and the combined image; 3) data consistency is enforced by replacing the acquired k -space locations with the acquired lines for each of these individual coil images; and 4) a new combined-coil image estimate is generated by summing the voxelwise product of the data-consistent coil images and the complex conjugate of the coil sensitivity maps across the coil dimension. LOST reconstruction was implemented in MatLab (MathWorks, Natick, MA), with the adaptive learning and nonlinear shrinkage portions implemented in C++. The same reconstruction parameters were used in all cases and acceleration rates, allowing for fully automated reconstructions.^{21,24}

Automated Reconstruction Framework

A software platform was developed to automate the communication and data transfer between the scanner and the remote processing units. Figure 1 shows a schematic diagram of these connections illustrating the sequence of the program workflow. After a scan was completed, the operator used the program to request the reconstruction of the scanned data, which initiates the following fully automated workflow: 1) the program inquires the scanner database for the scan information including the raw data and the imaging parameters; 2) the database returns the desired information; 3) raw data are packaged along with the imaging parameters and reconstruction options, and are then sent to a remote processing unit for image reconstruction; 4) during the processing, the program periodically connects with the remote processing unit and updates the progress of the operation; and 5) upon reconstruction completion, the reconstructed images are automatically pulled from the remote processing unit, packaged into a Digital Imaging and Communications in Medicine (DICOM) format, and then pushed to the scanner database, from where it can also be sent to the hospital Picture Archiving and Communication System (PACS). In this workflow, multiple datasets can be sent at the same time or sequentially. All workflow processes are implemented such that they are performed in the background and do not block operator interaction with the scanner console. Before sending the data, the software generates and attaches a random unique identifier (UID) for the specific data, and then uses this UID to inquire about progress, retrieve the results when ready, and push them into the scanner database

with the proper patient and series information to comply with HIPAA, especially if the remote system is located outside the imaging facility or using an available web-based cloud computational system. The operator can choose to have the remote processing occur on the scanner machine or at a different remote station on the network, or even on a CPU cluster or GPU server on the same network. In our implementation, a CPU cluster was used for performing the reconstruction. Once the reconstructed images are available in the scanner database or in the PACS, they can be viewed and stored similar to images reconstructed by the vendor reconstruction system. The software program was developed in MatLab.

Image Analysis

LOST reconstructed 3D LGE images were written into DICOM format and were used for subjective assessment. In patients with available clinical 3D LGE or PSIR images, reconstructed images from the scanner vendor software were available and were used for assessment. Subjective qualitative assessment was performed by two independent readers (each with 10 years of experience in interpreting clinical cardiac MR exams, C.T., F.D.), blinded to patient history. These readers were not aware of the specifics of the reconstructions; however, because of variations in contrast and resolution, they could differentiate between LOST reconstructed images vs. conventional SENSE reconstruction. To minimize this impact, image assessment for LOST and SENSE reconstruction were performed in two separate sessions. Readers reviewed each dataset in Osirix (Pixmeo SARL, Geneva, Switzerland) and were free to adjust the window leveling. Both original and multiplanar reformatted images were used for subjective assessment.

For each dataset, the presence of LGE was assessed using a three-point scale (absent with confidence = 0, present with confidence = 1, unable to interpret/inconclusive = 2). Furthermore, each dataset was qualitatively assessed using a four-point ordinal system based on overall image quality to assess for viability/scar: 1, poor (large artifacts/no confidence in interpreting LGE in >50% of the myocardium); 2, fair (moderate artifacts/LGE interpretable in 50–70% of the myocardium); 3, good (small artifacts/LGE interpretable in 75–90% of the myocardium); 4, excellent (no artifacts/LGE interpretable in >90% of the myocardium).

To assess the potential impact of various patient characteristics on image quality, we extracted the following parameters for each patient: age, gender, heart rate, weight, torso dimension (ie, posteroanterior [back to chest wall] and transverse [right to left]).

Statistical Analysis

We first analyzed data for all subjects with 3D LGE with LOST. The proportion of the detected LGE presence (“Present with Confidence”) was reported for each reader, as well as the agreement kappa statistic and 95% confidence interval (CI). Stratification by acceleration rate was carried out to yield these estimates within each rate stratum (acceleration rate 3, 4, and 5). We performed similar analysis for image quality by grouping “good” and “excellent” image quality in one category and estimating the proportion of “good or excellent” for overall image quality and by stratification of rate. The kappa statistic was computed. Second, we analyzed data for the sample of 121 subjects with data from both sequences (3D LGE with LOST, and conventional 3D LGE). We

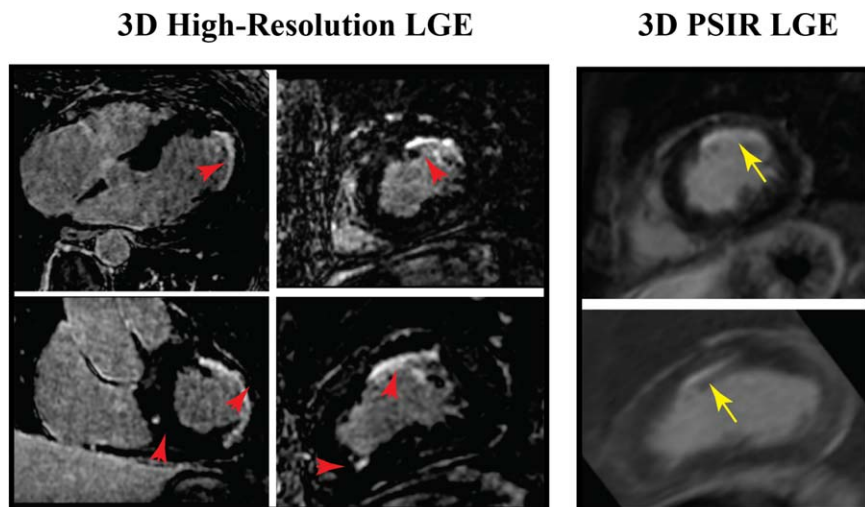


FIGURE 2: Reformatted 3D LGE images (3D high-resolution LGE with isotropic spatial resolution with LOST rate 5 and 3D PSIR LGE with nonisotropic spatial resolution) in a 65-year-old man with coronary artery disease, symptomatic nonsustained ventricular tachycardia, and presyncope referred for evaluation of LV scar. Subendocardial LGE in the left anterior descending coronary distribution can be seen in all images. Additionally, smaller scar in remote areas is visible at different slice locations with significantly better depiction of scar in 3D high-resolution LGE with isotropic spatial resolution. Smaller areas of scar are not visible in 3D PSIR LGE with nonisotropic spatial resolution.

also reported the same statistics as in the sample of 270 subjects. Additionally, we compared the “Present with Confidence” of LGE between the two sequences using the McNemar test statistic to account for dependency in the sample (since subjects in this group were imaged with both sequences). We used SAS software v. 9.4 (Cary, NC) for data management and statistical analysis.

Results

We recruited 270 patients (181 men; 54.9 ± 14.1 years) who were imaged using high-resolution 3D LGE with LOST. We also acquired 3D LGE or 3D PSIR images in a

subset of 121 patients. The reconstruction framework allowed successful automation of image reconstruction in all cases without the need for any interaction with research scientists on the investigator’s team. Figure 2 shows an example of 3D LGE with high isotropic resolution, as well as 3D PSIR LGE image acquired in a 65-year-old-man with a history of coronary artery disease and ventricular tachycardia. Improved spatial resolution allows better depiction of complex scar geometry in the patient. In high-resolution images, several additional small focal enhancements can be seen that were not seen in 3D PSIR images due to limited

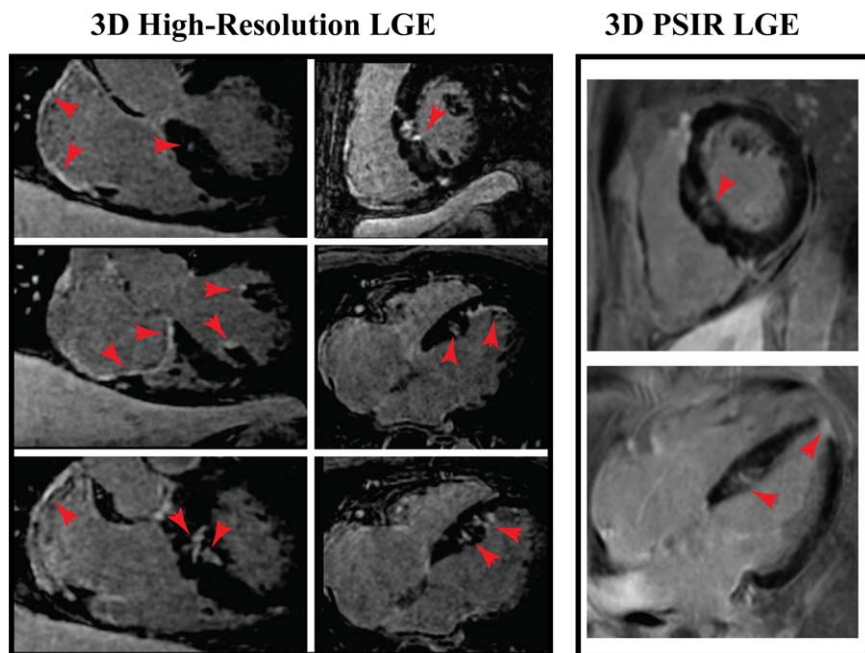


FIGURE 3: Reformatted 3D LGE of a 67-year-old man with hypertrophic cardiomyopathy. Focal hypertrophy of the mid inferior left ventricular septum. High-resolution 3D high-resolution LGE images acquired with LOST rate 3 demonstrate a more detailed depiction of scar compared with 3D PSIR LGE.

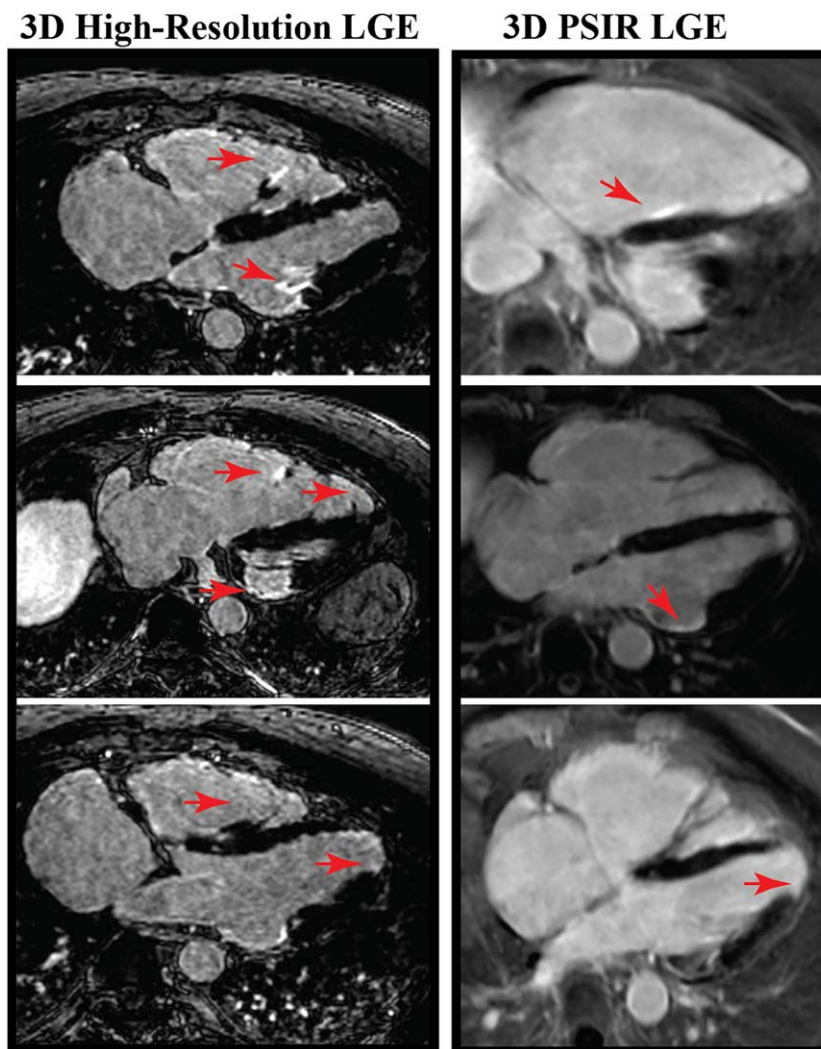


FIGURE 4: Viability images from a 62-year-old man with cardiac sarcoidosis, comparing high-resolution 3D LGE with 1.2 mm³ isotropic resolution with LOST rate 4 with 3D PSIR LGE with nonisotropic resolution. 3D high-resolution LGE significantly improves visualization of scar and shows involvement of the RV free wall as well as signal enhancement in the RV papillary muscles and apical LV aneurysm.

spatial resolution. The isotropic spatial resolution also allows reformatting in any desired orientation (as shown) with identical image quality as the original axial images. Because of nonisotropic spatial resolution of PSIR LGE, there is additional partial voluming and lower image quality in reformatted images. Viability images from a patient with hypertrophic cardiomyopathy (HCM) are shown in Fig. 3. The isotropic spatial resolution of accelerated 3D LGE shows the complex nature of the scar in this patient including papillary muscle. While hyperenhancement can be assessed with 3D PSIR LGE, the visualization of complex scar and scar patchiness are better seen with high-resolution 3D LGE with isotropic spatial resolution. Figure 4 shows viability images in a 62-year-old male patient with sarcoidosis and LV aneurysms. Higher spatial resolution images improve detection of hyperenhancement region, as well as confirm the involvement of the RV.

Table 1 shows the proportions of “Present with Confidence” for the presence of detected LGE in 3D LGE with

LOST; 16.30% and 18.15% for readers 1 and 2, respectively. These proportions agree well with a kappa statistic of 0.78 (95% CI: 0.68–0.88). These proportions are also similar when the sample was stratified by acceleration rate (3–5). For acceleration rate 4, the sample size is small, and compared to rates 3 and 5, the proportions are smaller. Similar analysis was carried out for image quality. The proportion of “Good or Excellent” is high, 85.93% for reader 1, and 80.00% for reader 2, with a fair kappa statistic of 0.43 (95% CI 0.22–0.57). Reader 1 scored 4, 34, 88, and 144 as poor, fair, good, and excellent, respectively, while reader 2 scored 7, 47, 135, and 81 as poor, fair, good, and excellent, respectively. Stratification by rate also yielded similar proportions.

Table 2 shows the analysis for the 121 subjects with data for both 3D LGE with LOST, and conventional 3D LGE. For reader 1, the overall proportion of “Present with Confidence” is 28.93% for 3D LGE with LOST, and is not statistically different from 33.88% for conventional 3D LGE ($P = 0.157$, McNemar test). We stratified this sample

TABLE 1. Subjective Assessment of 3D LGE With LOST Reconstruction (N = 270) for Two Readers and Interreader Agreement for Images Acquired via Different Acceleration Rates

Hyperenhancement on LGE				
	Present with confidence for all rates (N = 270)	Present with confidence for rate = 3 (N = 150)	Present with confidence for rate = 4 (N = 25)	Present with confidence for rate = 5 (N = 92)
Reader 1 3D LGE with LOST	16.30%	15.33%	8.00%	20.65%
Reader 2 - 3D LGE with LOST	18.15%	16.00%	12.00%	22.83%
Image quality				
	Good or excellent for all rates (N = 270)	Good or excellent for rate = 3 (N = 150)	Good or excellent for rate = 4 (N = 25)	Good or excellent for rate = 5 (N = 92)
Reader 1 - 3D LGE with LOST	85.93%	88.00%	96.00%	79.35%
Reader 2 - 3D LGE with LOST	80.00%	79.33%	96.00%	76.09%
Interreader agreement				
	Kappa		95% Confidence Interval	
3D LGE with LOST Score	0.78		0.68-0.88	
3D LGE with LOST Image Quality	0.43		0.29-0.57	

by acceleration rate 3, 4, 5, and found no significant statistical difference between the two proportions. Numerically, 3D LGE with LOST estimates are slightly less than those of the conventional 3D LGE overall, and within each stratum of acceleration rate. The agreement between the two readers via kappa statistic is high at 0.90 (95% CI: 0.81–0.99) for “Present with Confidence” for LGE detection. Conventional 3D LGE also yields a high kappa of 0.87 (95% CI: 0.77–0.96). For image quality, “Good or Excellent” is 85.95% for reader 1 for 3D LGE with LOST, and 84.30% for conventional 3D LGE ($P = 0.637$). For reader 2, there is also no statistical difference between the two approaches (78.51% vs. 85.95%, $P = 0.083$). The agreement is fair with kappa of 0.36 (95% CI: 0.15–0.56) for 3D LGE with LOST. For conventional 3D LGE, the kappa is high 0.80 (95% CI: 0.65–0.96).

The baseline characteristics of the study population and torso size measurements are shown in Table 3. Increasing subject heart rate, weight, and torso dimension are associated negatively with subjective image quality (Table 4), but only heart rate reached statistical significance.

Discussion

We developed and implemented a clinically feasible image reconstruction framework for accelerated data acquisition and reconstruction using the LOST technique. The image quality of 3D LOST-accelerated LGE was evaluated in 270 patients with known or suspected cardiovascular disease referred for clinical viability assessment. We demonstrated that using this approach, 3D LGE with high isotropic spatial resolution is clinically feasible with acceptable image quality in most patients.

Despite the growth in development of CS-based image reconstruction techniques, there have been very limited efforts in clinical translation and evaluation.^{27–34} Sharma et al²⁹ evaluated CS-based reconstruction for routine neuroimaging sequences and found that CS was able to moderately accelerate certain neuroimaging sequences without severe loss of clinically relevant information. For those sequences with coarser spatial resolution and/or at a higher acceleration factor, artifacts degraded the quality of the reconstructed image to the point where they are of minimal or no clinical value. Vasanawala et al³⁰ showed the feasibility

TABLE 2. Subjective Assessment of the Subset of Patients With Both 3D LGE With LOST Reconstruction and Conventional 3D LGE (N = 121) for Two Readers and Interreader Agreement for Images Acquired via Different Acceleration Rates (3 to 5)

Hyperenhancement on LGE				
	Present with confidence for all rates (N = 121)	Present with confidence for rate = 3 (N = 48)	Present with confidence for rate = 4 (N = 13)	Present with confidence for rate = 5 (N = 60)
Reader 1 - 3D LGE with LOST	28.93%	33.33%	7.69%	30.00%
Reader 1 - Conventional 3D LGE	33.88%	35.42%	30.77%	33.33%
<i>P-value Comparison of LOST and Conventional LGE for Reader 1^a</i>	<i>0.157</i>	<i>0.739</i>	<i>0.083</i>	<i>0.414</i>
Reader 2 - 3D LGE with LOST	26.45%	29.17%	7.69%	28.33%
Reader 2 - Conventional 3D LGE	31.40%	35.42%	23.08%	30.00%
<i>P-value Comparison of LOST and Conventional LGE for Reader 2^a</i>	<i>0.134</i>	<i>0.317</i>	<i>0.157</i>	<i>0.655</i>
Image quality				
	Good or Excellent for All Rates (N = 121)	Good or Excellent for Rate = 3 (N = 48)	Good or Excellent for Rate = 4 (N = 13)	Good or Excellent for Rate = 5 (N = 60)
Reader 1 - 3D LGE with LOST	85.95%	85.42%	100.00%	83.33%
Reader 1 - Conventional 3D LGE	84.30%	85.42%	100.00%	80.00%
<i>P-value Comparison of LOST and Conventional Image Quality for Reader 1^a</i>	<i>0.637</i>	<i>1.000</i>	<i>1.000</i>	<i>0.564</i>
Reader 2 - 3D LGE with LOST	78.51%	75.00%	92.71%	78.33%
Reader 2 - Conventional 3D LGE	85.95%	87.50%	100.00%	81.67%
<i>P-value Comparison of LOST and Conventional Image Quality for Reader 2^a</i>	<i>0.083</i>	<i>0.109</i>	<i>1.000</i>	<i>0.564</i>
Interreader agreement				
	Kappa^b		95% Confidence Interval	
3D LGE with LOST Score	0.90		0.81-0.99	
Conventional 3D LGE Score	0.87		0.77-0.96	
3D LGE with LOST Image Quality	0.36		0.15-0.56	
Conventional 3D LGE Image Quality	0.80		0.65-0.96	
^a McNemar test.				
^b Kappa based on 2 by 2 table present with confidence versus otherwise, good or excellent.				

of improved pediatric imaging to achieve higher resolution and/or faster imaging in 34 patients in a clinical setting. Hsiao et al³¹ assessed the potential of CS in 4D phase-contrast MRI

for the evaluation of valvular insufficiency and intracardiac shunts in 34 patients with congenital heart disease and demonstrated that the CS 4D phase-contrast sequence can

TABLE 3. Baseline Characteristics of the Study Population (N = 270)

Baseline patient characteristics	N= 270
Age years (range)	55 (18-85)
Male subjects	181 (66.7%)
Heart rate (/min)	66 ± 13
Weight (kg)	83 ± 15
Chest posteroanterior dimension (cm)	23.1 ± 3.4
Chest transverse dimension (cm)	35.3 ± 3.6

augment conventional cardiac MR imaging by improving sensitivity for and depiction of hemodynamically significant shunts and valvular regurgitation. Roujol et al evaluated the performance of CS-accelerated ECG gated pulmonary vein MRA in 19 patients with atrial fibrillation.²⁸ Mann et al assessed the utility of CS in quantification of the fat fraction in 11 patients with type 2 diabetes and concluded that acceptable image quality can be achieved with acceleration up to a factor of 3.8.²⁷ These exploratory studies demonstrated the potential and clinical feasibility of the CS-based approach for accelerated imaging; however, evaluations were only performed in a small and selected number of patients (ie, between 20–40).

Despite excellent image quality, the long reconstruction time remains one of the main limitations of this technique, with a typical reconstruction time of 1 hour for high-resolution 3D LGE. In our implementation, a 3D volume reconstructed by zero filling of the undersampled data will be available immediately after imaging. Because of the fully sampled center of *k*-space, we found these images to be helpful in predicting the image quality of the CS reconstructed images, and often scar can be seen in these images. While this workflow does not work on cases where immediate access to reconstructed data is needed (eg, real-time MRI), immediate reconstruction is not necessary in our specific application of 3D LGE. In our clinical practice, images from each patient are typically evaluated the next day, allowing sufficient time for image reconstruction for clinical evaluation. Further research to reduce the reconstruction time and development of alternative reconstruction techniques is warranted.

Our study only evaluated the image quality of isotropic 3D LGE with high resolution in our tertiary care medical center's referral population. The clinical impact of high spatial resolution imaging for different diseases should be carefully assessed in future studies. Not all patients may need imaging with high spatial resolution; however, for

some cardiovascular diseases this may be clinically warranted. For example, a higher spatial resolution may allow better visualization of the LV scar morphology, which may facilitate assessment for ventricular arrhythmia. In addition, a volumetric isotropic 3D LGE allows for image reconstruction in any orientation and multiplanar visualization of the data, which further improves confidence in detection of scar by confirming the scar in different views. Further studies are needed to establish the clinical impact of high-resolution isotropic 3D LGE. We also found that there were differences in scoring between the two readers for the LOST accelerated imaging dataset. While the proportion of good to excellent quality was similar between the two readers, one of our reader's scores were more positive and a majority of images were scored as excellent.

Image reconstruction for CS is commonly performed offline, which has hindered evaluation of its various reconstruction algorithms in a clinical environment. Other stand-alone reconstruction frameworks have been described. A flexible real-time MRI reconstruction platform (ie, RTHawks) has been widely applied in real-time MRI.³⁵ A real-time display and reconstruction system was also developed at the National Institutes of Health and is widely used for interventional procedures.³⁶ Recently, a flexible stand-alone MRI image reconstruction framework^{37,38} has been developed that provides additional flexibility for reconstruction and use of cloud computing to facilitate image reconstruction. These reconstruction platforms are designed mainly for situations where real-time or immediate reconstruction of MRI data is needed, such as image guidance or real-time imaging.

Our study has several limitations. We did not perform a direct comparison between 3D and 2D LGE imaging, where the latter is the current clinical standard at many medical centers. Currently, all patients imaged for LV viability at our

TABLE 4. Relationship Between Subjective Average Qualitative Image Assessment Scores and Patient Factors

Patient Factors	Change in mean of average image score per unit change in patient factor ^a	P-value
Heart rate	-0.009 (0.003)	0.001
Weight	-0.003 (0.003)	0.323
Chest AP dimension	-0.012 (0.015)	0.421
Chest transverse dimension	-0.027 (0.015)	0.064

^aSlope estimate and standard error from multivariable generalized linear model.

medical center are imaged using 3D LGE. The spatial resolution varied between different patients to accommodate patient size and heart rate. Due to the inherent denoising in CS, we cannot directly perform SNR or CNR measurements. We used fixed image reconstruction parameters for all studies and did not optimize the parameters based on acceleration rate.

In conclusion, 3D LGE with LOST yields good to excellent image quality in >80% of patients and identifies patients with LV scar at the same rate as conventional 3D LGE. High isotropic spatial resolution (1–1.4 mm³) detects smaller scar and enables multiplanar reconstruction of 3D LGE to facilitate scar visualization.

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